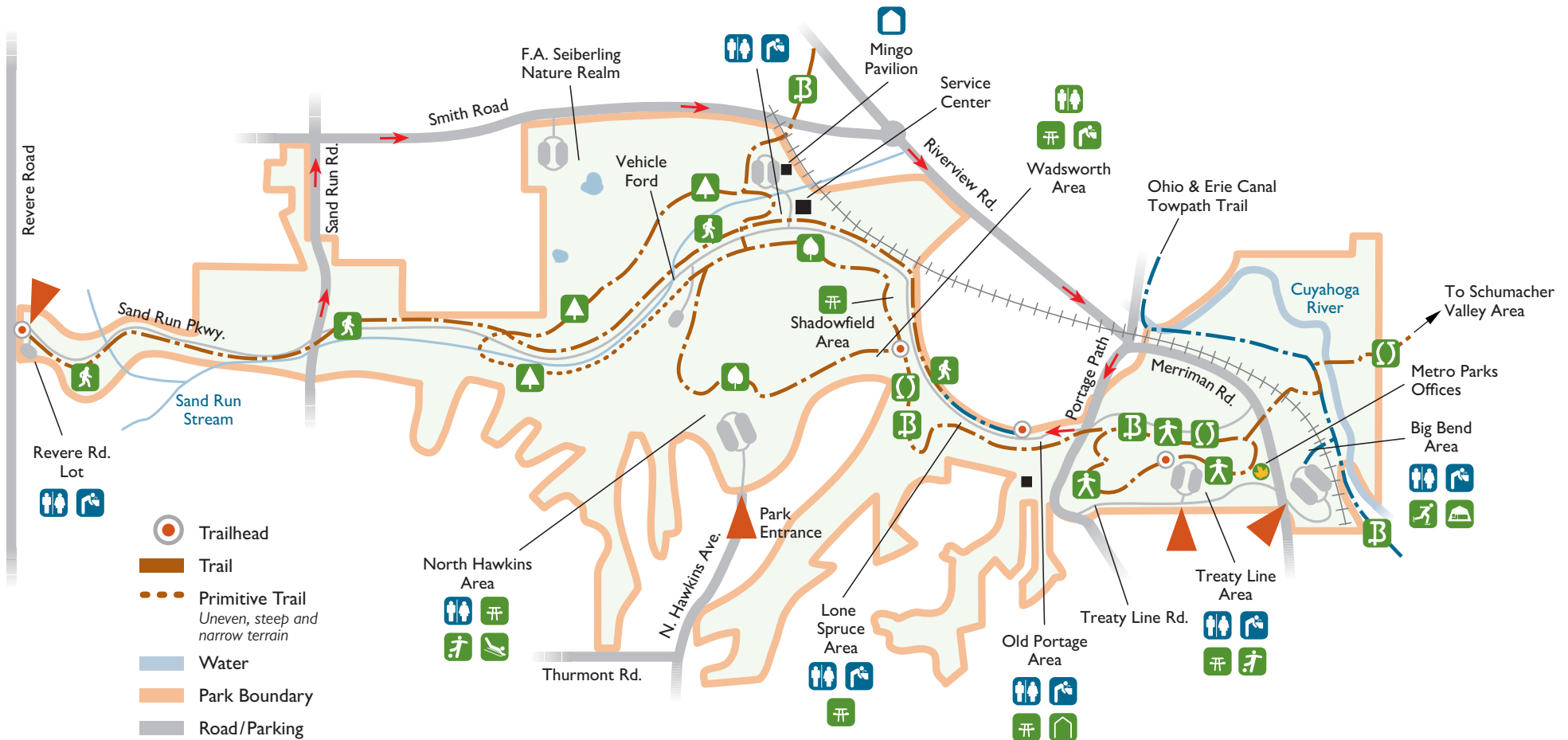




# SAND RUN METRO PARK



- Trailhead
- Trail
- Primitive Trail  
*Uneven, steep and narrow terrain*
- Water
- Park Boundary
- Road/Parking

- Buckeye Trail**  
Statewide: Difficult
- Dogwood Trail**  
1.8 miles: Difficult
- Mingo Trail**  
3.3 miles: Difficult
- Parcours Trail**  
1.4 miles: Difficult
- Parkway Jogging Trail**  
6.0 miles: Moderate
- Valley Link Trail**  
2.8 miles: Moderate

- Restrooms
- Drinking Water
- Enclosed Pavilion
- Icons and trails in blue indicate accessibility
- Open-air Shelter
- Picnic Sites
- Soccer
- Ice Skating
- Sledding
- Camping
- Detour**  
*(if the parkway is closed)*